

National Forum on Ageing Enabling Independent Healthy Ageing Conference

3 November 2009

Welcome and Overview

Kirsty MacLachlan



**General Register Office
for
SCOTLAND**
information about Scotland's people

Feedback from last year's conference

- What have been the most useful points about today?
 - Mixed audience and perspectives. Good to focus on gaps and solutions rather than just problems. More events like this needed to bring together academia, health and social care professionals and policy makers, etc
- What topics would you like to see covered at future events?
 - More information on attempts to convert research into practice i.e. solutions/approaches which deliver tangible improvements in the quality of people's live.



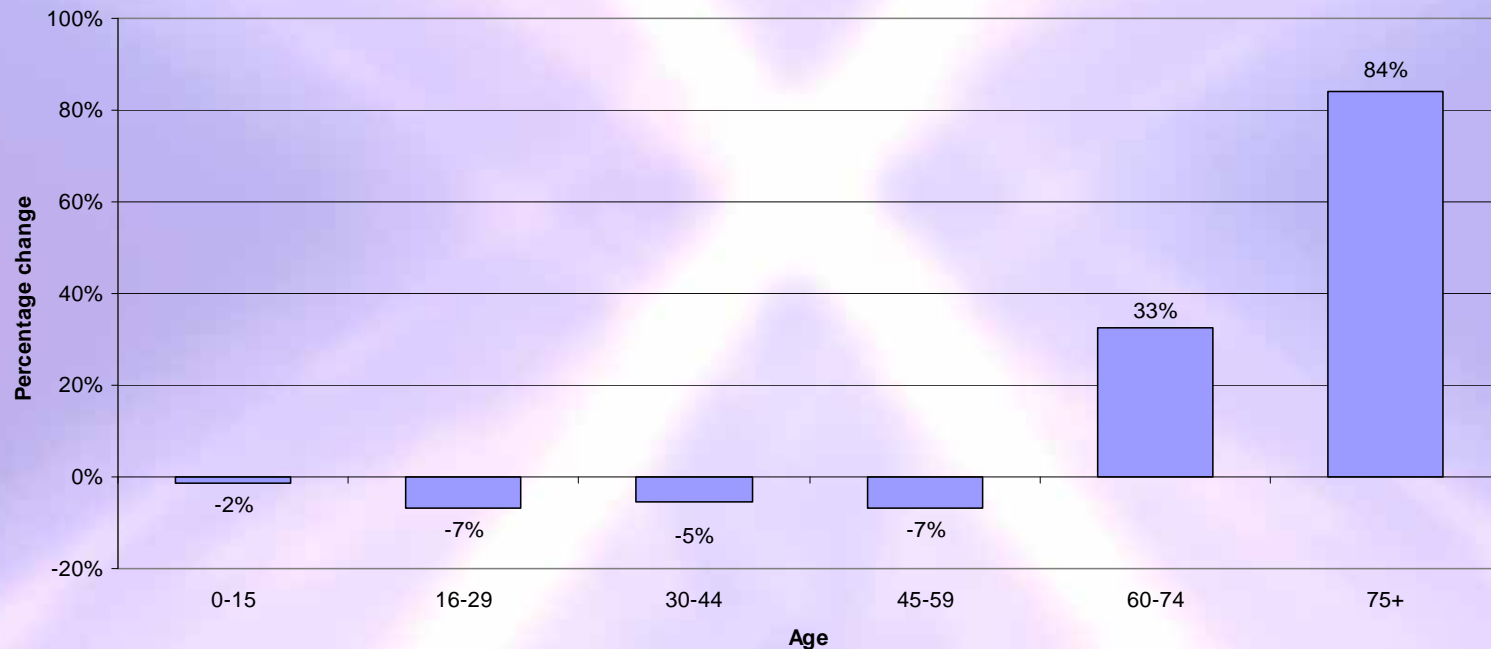
Context

- An ageing population
- Evidence needed to underpin policies
- Policies needed to meet the challenges/seize the opportunities
- Putting policies into practice



The projected percentage change in age structure of Scotland's population, 2008-2033

The projected percentage change in age structure of Scotland's population, 2008-2033



Aims of the day

- To showcase existing research on independent healthy ageing
- To identify key issues for policy development and delivery requirements
- To identify gaps in evidence, as a platform for future research
- To enable networking!



- **And in the end it's not the years in your life that count. It's the life in your years.
— Abraham Lincoln**



General Register Office
for
SCOTLAND
information about Scotland's people